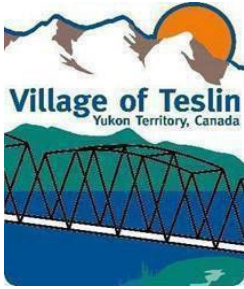


The Teslin Post



Village of Teslin
Box 130
Teslin, YT
Y0A 1B0
Phone: (867)390-2530
Fax: (867)390-2104
Office Hours: 8:30am-5pm

To reach:

Chad Thomas, CAO

CAO@teslin.ca

Cole Hunking, Public Works Foreman

cole.hunking@teslin.ca

Lindsay Johnston, Recreation Manager

teslinrec@teslin.ca

Aleshia Kremer, Admin Assistant

admin.teslin@teslin.ca

Rose Ann Cardenas, Finance Assistant

Finance@teslin.ca

Jaret Collette, Auxiliary Recreation Assistant

Recassistant@teslin.ca

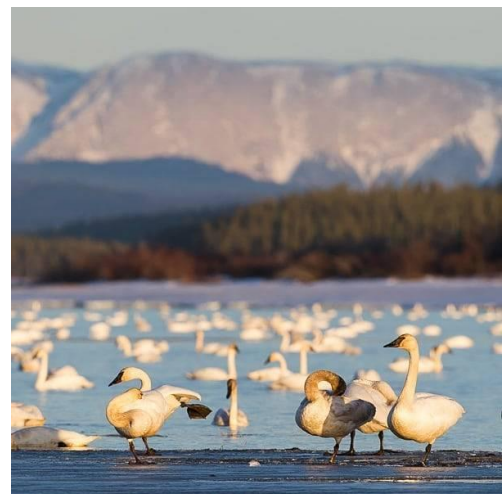
Visit us at www.teslin.ca

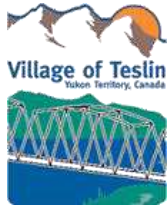
or check us out on **Facebook**



What's inside?

- **Council Minutes**
- **Message from the Mayor**
- **Administration Report**
- **Public Notices/ Announcements**
- **Teslin Recreation (Activities & Events)**
- **Photos**





Village of Teslin

February 13, 2023
Regular Council Meeting
Minutes



Meeting # 3-23

Members Present:

Mayor Gord Curran
Councillor Luc Johnstone
Councillor Jeff Myke
Councillor Trevor Sallis
Councillor Juanita Kremer

Members Absent:

Public Present:

Dorothy Cooley – TTC Lands and Resources

Mayor Gord Curran called the meeting to order at 6:30 p.m.

1. Adoption of Agenda

1. Adoption of the Agenda for February 13, 2023.

11-03-23

Moved by Councillor T. Sallis;
Seconded by Councillor L. Johnstone;

BE IT RESOLVED that Village Council adopted the Agenda for February 13, 2023, with the following additions:

3.2 TTC Conditional Use Development Permit for Elder's Complex moved to 10.6
10.4 Fish Cleaning Station Project
10.5 Human Society Financial Forecast Report
~carried~

2. Adoption of Minutes

- 2.1 Adoption of the Minutes for January 23, 2023 Minutes Enclosed.

12-03-23

Moved by Councillor L. Johnstone;
Seconded by Councillor T. Sallis;

BE IT RESOLVED that Village Council approved the Minutes for January 23, 2023, as presented.

~carried~

3. Hearing of Delegations and Individuals

- 3.1 Yukon Government - Wild Fire Protection Plan
Dorothy Cooley presented Council with the Wild Fire Protection Plan for Teslin.

4. Reports and Recommendations of Boards Established by Council

5. Reports from Village Administration, Standing or Special Committees of Council





1. January 2023 Administration Report Information
2. January 2023 Recreation Report and February Calendar Information

6. **Receipt of Notice of Motion to be considered at a Subsequent Meeting of Council**

7. **Consideration of Items of Correspondence**

1. Minister Mostyn's Response to AYC - Funding for Residential Land Development and Municipal Projects in Communities Information.
2. AYC - Climate Adaptation and Climate Resilient Infrastructure Information.

8. **Consideration of Items of Accounts Payable by Village**

- 8.1 January 2023 Accounts Payable

13-03-23

Moved by Councillor J. Kremer;
Seconded by Councillor T. Sallis;

BE IT RESOLVED that Village Council approved the January 2023 accounts payable in the amount of \$311,098.93
~carried~

9. **Introduction and Consideration of By-laws**

- 9.1 First and Second Reading of Bylaw # 23-251 Water Distribution Bylaw

14-03-23

Moved by Councillor T. Sallis;
Seconded by Councillor L. Johnstone;

BE IT RESOLVED that Village Council had a First and Second reading of Bylaw #23-251 Water Distribution Bylaw
~carried~

10. **New and Unfinished Business**

1. AYC Update Information
2. Project Updates Information
3. Donation of Recreation Complex to Sarah Usher and the Anglican Church for a Community Rummage Sale.

15-03-23

Moved by Councillor L. Johnstone;
Seconded by Councillor T. Sallis;



BE IT RESOLVED that Village Council will donate the cost of use of the Recreation Complex for a Community Rummage Sale.
~carried~



4. Human Society Financial Forecast Report Information.
5. Fish Cleaning Station Project

16-03-23

Moved by Councillor J. Myke;
Seconded by Councillor J. Kremer;

BE IT RESOLVED that Village Council decided to cancel the Fish Cleaning Station Project.
~carried~

6. TTC Conditional Use Development Permit for Elder's Complex
Council was informed about a development permit application submitted by TTC for an Elder's Complex. As per the Zoning Bylaw, all property owners within 100 meters of the proposed development must be notified before a decision is made. The item will be discussed at a Council meeting after a public meeting has occurred.

11. **Question Period**

12. **Closed Session**

13. **Scheduled meetings and other important dates for Council**

1. Scheduled Meetings
Meeting adjourned at 8:30 PM.

14. **Adjournment**

Chad Thomas, CAO

Gord Curran, Mayor





Village of Teslin
February 27, 2023
Regular Council Meeting
Minutes

Meeting #04-23

- Members Present:** Mayor Gord Curran
Councillor Luc Johnstone
Councillor Trevor Sallis
Councillor Juanita Kremer
- Members Absent:** Councillor Jeff Myke
- Public Present:** Alex Hill - Community Advisor

Mayor Gord Curran called the meeting to order at 6:30 p.m.

1. Adoption of Agenda

1. Adoption of the Agenda for February 27, 2023.

16-04-23

Moved by Councillor L. Johnstone;
Seconded by Councillor T. Sallis;
BE IT RESOLVED that Village Council adopted the Agenda for February 27, 2023, with the following addition;

10.4 YG - Public notice of Subdivision Approval

~carried~

2. Adoption of Minutes

- 2.1. Adoption of the Minutes for February 13, 2023. Minutes Enclosed.
Postponed approval to the next meeting.

3. Hearing of Delegations and Individuals

- 3.1. December 2022 to February 2023 TVFD Report
Postponed to next meeting.

4. Reports and Recommendations of Boards Established by Council

5. Reports from Village Administration, Standing or Special Committees of Council

- 5.1. January 2023 Financial Statements

17-04-23

Moved by Councillor T. Sallis;
Seconded by Councillor J. Kremer;
BE IT RESOLVED that Village Council approved the January 2023 Financial Statements, as presented.

~carried~



6. **Receipt of Notice of Motion to be considered at a Subsequent Meeting of Council**
7. **Consideration of Items of Correspondence**
8. **Consideration of Items of Accounts Payable by Village**
9. **Introduction and Consideration of By-laws**
 - 9.1. Third and Final Reading of Bylaw # 23-251 Water Distribution Bylaw.

18-04-23

Moved by Councillor L. Johnstone;

Seconded by Councillor J. Kremer;

BE IT RESOLVED that Village Council had a Third and Final Reading and adopted the Bylaw #23-251 Water Distribution.

~carried~

10. **New and Unfinished Business**
 1. AYC Update
Mayor Curran and ED Shelley Hassard updated Council on AYC activities.
 2. Project Update
CAO Chad Thomas updated the Council on current capital projects.
 3. YG Airport Industrial Lots and Airport West/Green Subdivision.
Information.
 4. YG - Public notice of Subdivision Approval.
Council gave direction for the administration to contact YG and get clarification on the subdivision application.
11. **Question Period**
12. **Closed Session**
13. **Scheduled meetings and other important dates for Council**
 1. Scheduled Meetings
Meeting adjourned at 7:55 pm.
14. **Adjournment**

Gord Curran, Mayor

Chad Thomas, CAO



Message from the Mayor

April 2023

Spring is almost here, and you can feel the renewed energy in the community as we emerge from the deep freeze. Here is an update on matters the Village of Teslin Council has discussed over the past few months.

For those who have not been monitoring the snowfall and snowpack forecasts, everything is looking close to normal range. That means we are unlikely to have a repeat of last year's flooding. However, we will continue with our permanent flood mitigation efforts in the coming weeks, including building a permanent berm on the lakeside of Jackson Avenue. Last year's rising waters threatened several properties along the street, and a lift station, which, if damaged or rendered out of service, would result in all residents on the south side of the community from the Village to the bridge losing access to sewage services. We continue to seek funding for the rest of our Flood Mitigation Plan, which includes berms and dykes in other areas around town to protect the entire community.

Over the winter, we surveyed the community about potential marina upgrades. This larger initiative may take a while to follow through on since it is an expensive project. We wanted to get public input early to ensure we were heading in the right direction. However, we have not secured funding, so it may be a few years before we begin any upgrades.

We are also looking at a possible force water main from the old well in Smarchville to the water treatment plant at the municipal building to increase our water availability. This is to meet growing demand, and expected drinking water needs as the new TTC Community Services Building and the potential TTC green subdivision get nearer to reality. This project is still in its early stages, but there are ongoing discussions with Teslin Tlingit Council, and our staff is gathering information and researching possible funding sources. It is an important initiative to meet the future needs of our community, but taking these projects from conceptual stages to implementation and, finally, completion typically takes several years.

We recently increased our water delivery rates. We had not reviewed or raised our rates in several years and faced rising costs on all things. As a result, we looked closer at the costs of delivering water. This research made us realize we were not recovering enough of our expenses. The increases reflect the actual delivery costs better and are intended to make delivery self-sustaining. We also hope that some residents will decrease the number of deliveries if they do not need them.

In other news, we hope to have our annual community spring steak and chicken BBQ dinner sometime in the coming months. We look forward to having the event for the first time in three years and updating the community on the projects in our Joint Community Development Plan.

As with every newsletter, I greatly thank our staff, who work tirelessly to deliver services daily. Without their dedication, our community would not have the level of services it enjoys.

Gord Curran



Mayor of Teslin



Administrative Report

April 2023

TESLIN ROADS

Please be cautious driving and walking as conditions can be slippery. Sweeping equipment will be out and about, so be aware and give equipment space to work safely.

If there are any concerns with the road conditions, please call the office.

SOLID WASTE FACILITY/RECYCLING

The solid waste facility hours are as follows:

Sunday, Monday, and Tuesday Closed to the public.

Wednesday, Thursday, and Friday – Noon to 5:30 pm

Saturday – 09:30 am to 4:30 pm

Make sure you stop and see the attendant before dumping.

There is no after-hours access to the facility so please plan accordingly.

Recycling bins need to be at the end of your driveway by 9 am Wednesday mornings for pickup. Please ensure there is no garbage in your recycling bins.

An average of one refuse bin a week is being sent to the Whitehorse landfill for disposal. Everyone is encouraged to do recycling at home, and at work, to reduce the amount of material that goes to the landfill.

The Village of Teslin Solid Waste Facility operational hours are subject to change over the easter holiday this information will be posted around the community as well as on social media.

LAGOON AND SEWER SYSTEM

All sewer lines are in good working order. Please be aware and careful of what is being flushed down the sewer system.

TKO Services (Kheel Davies) is providing pump-out services in Teslin please call 334-5636 to schedule your pump-out.

The Village of Teslin will be providing a temporary pump-out service for the community and surrounding area as needed. Please phone TKO first for all pump-out requests as VOT is only providing these services as a last resort.

WATER QUALITY/ WATER DELIVERY

The Water Treatment Plant (WTP) is in good working condition.

Please notify us if you will be away and not requiring water delivery.

Kindly ensure that spouts & tank whistles are in good working order and lids are closed to help avoid water overflow.

Please ensure your driveways are clear and **accessible for the water truck** and that the path to your fill spout is clear of snow, dog feces, and obstacles.

When constructing new buildings or renovating buildings please contact the Village office to get a copy of the water bylaw to ensure your water systems comply.

Please note that severe winter weather conditions may affect our water delivery service.

With the increasing demand for water delivery, schedules may be changed from time to time.

The new water bylaw has been passed by Mayor and Council and will come into effect on March 1st. If you have any questions regarding the new bylaw, please reach out to our office.

DOG CONTROL

The animal control bylaw is available on our website www.teslin.ca

Please ensure your pets are secure on your property. We take dog control very seriously and are actively pursuing loose dogs, our public works staff patrol for stray dogs 7 days a week and we continue patrolling in the evenings. If you have stray dogs wandering on your property, please call the Village office.

If you need materials to secure your dog on your property, let us know and we can provide them to you.

If your female dog is in heat, please keep them secure in your yard or home to help avoid dogs packing in groups.

Once a dog is picked up by our staff, we notify the owner and if they are not picked up by the owner after three business days, they are sent to the animal shelter in Whitehorse.

The Village of Teslin has partnered with Yukon Government & Humane Society on a dog surrender program, so if you need to surrender a dog, please give us a call and we can assist with making arrangements.

PROJECTS

The new fire hall is now complete, and both the Teslin fire department and Teslin EMS are sharing the building.

The Village of Teslin is applying for funding for an upgrade of Rec center buildings.

The equipment for the new playground in the Sawmill Road subdivision has arrived and installation will be completed this spring.

FLOOD

TTC and the Village of Teslin are seeking funding to complete permanent flood measures and are in the planning stages. Community consultation on permanent measures will be ongoing. We will be submitting our project proposal to YESAB please log onto their website to input your thoughts.

OTHER

We are planning for future projects, and we will be doing community consultation please respond as we appreciate community feedback, and your input is considered during decision-making.

The Village of Teslin has received COVID-19 Rapid tests to distribute to residents, if you need a test, please call the office.

Please be considerate when shooting off fireworks, and notify your neighbours or the Village office ahead of time. And set them off at reasonable hours.

Check the electronic sign or our website www.teslin.ca regularly for updated notices and messages.

Chad Thomas, CAO

The New Sawmill Road Park needs a name

Please send appropriate suggestions to admin.teslin@teslin.ca or drop a form at the office by May 1, 2023. The most popular responses will be brought to Council



News and
Highlights from
your Recreation
Programmer



Lindsay
Johnston Rec
Programmer

Contact
Information

E: teslinrec@teslin.ca

T: 390-2530

Facebook:

Teslin Recreation

March Rec Report

The 4th Annual Teslin Lakespiel was AMAZING and held true to being the best weekend of winter...and here is why:

~ Teslin Minor Hockey was serving up a delicious pancake breakfast and ended up raising around \$1000 for the program.

~ the coolest trophies in the north are back, designed by Lumel Studios, annnnd out of the 11 team who participated, the following teams were able to take them home

1st – Smells Like Team Spirit

2nd - Curls for the Girls

3rd – The Lucky Charms

~ The wicked prize package for **best Tail Gate set up** was awarded to the Sheet Disturbers

~ The Deisleen Development Corporation \$500 cash prize for **best team costumes** went to Brooms of Anarchy

~ out of 13 homemade soups, Margaret Douville was voted best for her Old Time Moose Stew and took home the \$400 cash prize for **Best Soup** from Lilypad Landscaping

~ The art print from Northwestel was awarded to **Most Sportsmanlike Player** for the weekend, Lawrence Ward.

~ we all had a great time around the bonfire, in the big event tent, or playing under the lights thanks to Graham infrastructure

SO. MUCH. FUN.

It was a quick turn around and then we were off with 6 youth, our local CO Brianna, Robert Hassard, and Peter Jules to CAFN territory for our **Youth Bison Hunt** March 8-13. While we didn't successfully harvest an animal, we did great given the capacity and experience of our group to track a couple different herds around the Kloo Lake area. They just proved a little too elusive for us. The youth learned new skills and did great with all facets of being out on the land and at a winter camp for 6 days. The whole experience was amplified by the pre-trip sessions we were able to run thanks to our CO and the Teslin Renewable Resource Council. A big thank you to the Yukon Government MentalWellness Grant for the funding support to get us out on the land!!



The **Teslin Tigers Ski Team** wrapped up an awesome cross country ski season with a trip to Mount Mac in Whitehorse on March 22. We were joined by RPAY's WAFL (Winter Active For Life) coordinator Fran Nymann for a fun afternoon of learning new skills and roasting hot dogs. And we all looked so sharp in our Teslin Tiger ski bibs. Thanks to YDAP funding we have built an inventory of skis & boots for youth skiers.



The **Teslin Recreation Society AGM** took March 20th and we are super excited about the new energy that came to the table and to announce our new board:

President – Camille Robitaille

Vice President – Robert Hassard

Secretary – Lindsay Johnston

Treasurer – Shelley Hassard

Directors – Patty Wiseman, Chad Thomas, Taylor Collins, Brandon Johnston, Sharron Sterritt

You can expect to see more happening from the Rec Society with the addition of some sub committees in the coming months and year. The **Seniors Subcommittee** arranged a special lunch and workshop at the 8-plex on March 23 and will continue to try and arrange regular activities and gatherings for our +55 community.

Minor Hockey has had an amazing season full of special skills sessions, tournaments, a visit from the NHL Indigenous Alumni, and a Parents Game on March 28. The hockey season is winding down with the warming temperatures.





We took some time over spring break to get and give a break from programming while we worked on some new ideas to transition to our spring and end of school year programs. Our after school line for April to June will include the **Rookie League Baseball Program, Bike Club, Young Explorers, Flag Football**, and a **Floor Hockey League**. Check the schedule for dates and times. **Please fill out the registration form and return to VOT to get your child signed up!**

Coach Greg Sanderson will be back in Teslin to run a **Youth Boxing Class** from 4-4:45pm and **Women's Self Defence Class** from 5:30-7pm on Thursday April 13.

We will also be starting **The 4-Week Challenge** again on April 4. The 4-Week Challenge is a checklist of lifestyle guidelines to help you achieve physical and emotional well-being. The guidelines cover a broad spectrum of positive behaviours that reinforce good habits and act as daily reminders that the little things really do add up! We will be running it as a participation-based contest, just encouraging people to do their best. Regardless of checkmarks earned, if you make an effort to fill out the checklist you can send it in at the end of each week to be entered in to a draw for a gift card or gym membership. If you submit your checklist each of the 4 weeks, you will be entered in to the grand prize draw of a \$500 Air North Gift Certificate. The 4 Week Challenge is open to everyone and we have modified the checklist for kids. Sign up by emailing teslinrec@teslin.ca to receive your checklist each week.

We are excited to announce a save the date of August 4-13 for the **Teslin Sports Camp**. Thanks to funding from the Canadian Parks & Recreation Association (CPRA) and the Government of Canada **Reaching Each and Everyone** program we will be running a 9-day sports camp for youth age 10-18 here in Teslin this summer. We are bringing up elite level coaches in the sports of flag football, soccer and lacrosse, and inviting youth from every Yukon community to join us!! Each sport will run for 3 days, and every day will be filled with good nutrition, sport instruction, and a variety of other evening activities that connect youth and highlight all that Teslin has to offer.

Some additional summer planning has begun and we are excited about a few things we have in the works including **Swim Camp** and a **Paddle Leadership Trip on the Teslin River**. Stay tuned for more information =)



TESLIN RECREATION SCHEDULE

April 2023

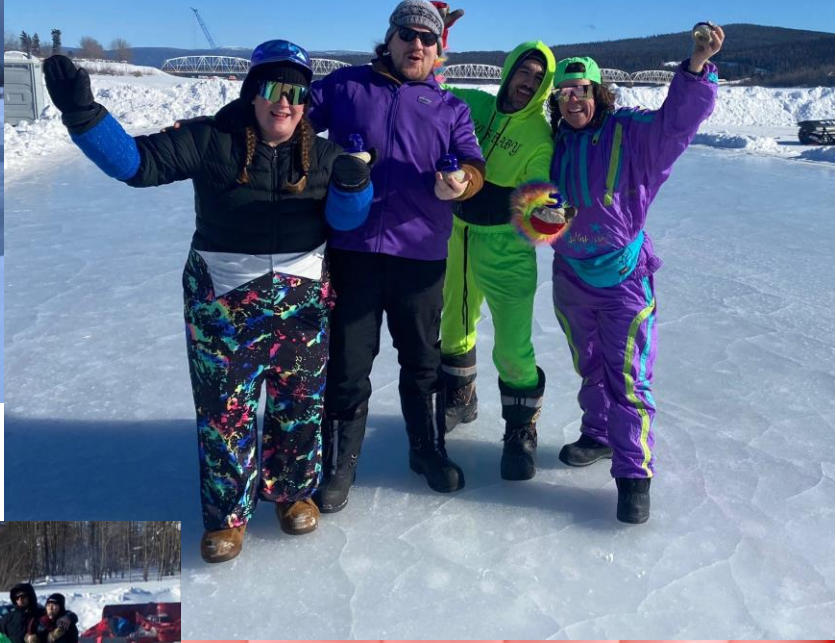
Youth Activities	Parent & Tot
Adult Activities	All Ages Activities
Active Agers	Special Event

* are activities that require sign-up
 ** are volunteer run

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	31	01	02
			Group Fitness 5:30p @ Rec Futsal ** 5:30-6:30p@school Adult Hockey	Public Skate Badminton** 6:30p @ Rec Basketball 7p @ Rec	Parent & Tot** 12-2p @ Mezz	
03	04	05	06	07	08	09
 challenge starts Young Explorers * 3:30-5p Badminton 6:30p @ Rec	Rookie League* 3:15-5p @ rec Group Fitness 5:30p @ Rec Archery 7p@ rec plex	Floor Hockey League * 3:15-5p @ Rec Pickleball 6-7p @ Rec	Group Fitness 5:30p @ Rec	GOOD FRIDAY		
10	11	12	13	14	15	16
	Rookie League* 3:15-5p @ rec Group Fitness 5:30p @ Rec Flag Football ** 5:30-6:30p@school Archery 7p@ rec plex	Dominoes 1-2:30p @ 8-plex Floor Hockey League * 3:15-5p @ Rec Pickleball 6-7p @ Rec	Youth Boxing age 10+ 4-4:45p @ rec plex Womens Self Defence 5:15p @ rec Flag Football ** 5:30-6:30p@school	Bike Club* 3:15-5pm Badminton** 6:30p @ Rec Basketball 7p @ Rec	Parent & Tot** 12-2p @ Mezz	
YUKON YOUTH SUMMIT in Whitehorse						
Young Explorers * 3:30-5p Badminton 6:30p @ Rec Rec Society Meeting 7:30pm@ Council Chamber	Rookie League 3:15-5p @ rec Group Fitness 5:30p @ Rec Flag Football ** 5:30-6:30p@school Archery 7p@ rec plex	Dominoes 1-2:30p @ 8-plex Floor Hockey League * 3:15-5p @ Rec Pickleball 6-7p @ Rec	Group Fitness 5:30p @ Rec Flag Football ** 5:30-6:30p@school	Bike Club 3:15-5pm Badminton** 6:30p @ Rec Basketball 7p @ Rec	Parent & Tot** 12-2p @ Mezz	
24	25	26	27	28	29	30
Young Explorers * 3:30-5p Badminton** 6:30p @ Rec	Rookie League 3:15-5p @ rec Group Fitness 5:30p @ Rec Flag Football ** 5:30-6:30p@school Archery 7p@ rec plex	Dominoes 1-2:30p @ 8-plex Floor Hockey League * 3:15-5p @ Rec Pickleball 6-7p @ Rec	Group Fitness 5:30p @ Rec Flag Football ** 5:30-6:30p@school	Bike Club 3:15-5pm Badminton** 6:30p @ Rec Basketball 7p @ Rec	Parent & Tot** 12-2p @ Mezz	

1st

Smells like Team Spirit



Thank you to our sponsors who helped support this fun community event

Curls for the Girls 2nd Place



**ATCO Yukon Electric, Graham Infrastructure,
LilyPad Landscaping, Thomas Electric**

Missing player Chad Thomas who abandoned them to watch his kids





**TESLIN RECREATION
INVITES YOU TO JOIN**

THE 4-WEEK CHALLENGE

a daily reminder that the little things add up

THE CHALLENGE STARTS APRIL 3

**EARN POINTS BY COMPLETING ITEMS ON A DAILY
CHECKLIST OF POSITIVE LIFESTYLE ACTIONS**

**SUBMIT YOUR CHECKLIST AT THE END OF EACH WEEK TO BE
ENTERED INTO A WEEKLY PRIZE DRAW**

**4 COMPLETED WEEKS ENTERS YOU INTO THE GRAND PRIZE
DRAW OF A \$500 AIR NORTH GIFT CERTIFICATE**

**OPEN TO EVERYONE
SIGN UP WITH TESLIN RECREATION TO RECEIVE
YOUR CHECKLIST
TESLINREC@TESLIN.CA**

**JOIN THE FACEBOOK PAGE
"THE 4-WEEK CHALLENGE" FOR EXTRA
INFORMATION AND HELPFUL HINTS**

4
week
challenge

FLAG FOOTBALL

Ages 8+

TUESDAY AND THURSDAY
5:30 - 6:30 PM

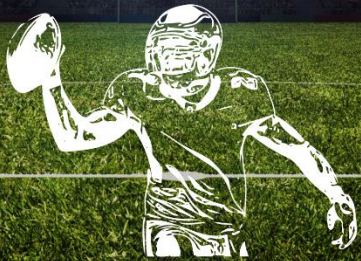
@ THE SCHOOL

Starts April 11

MORE INFO :

TESLINREC@TESLIN.CA

867-390-2530



FLOOR HOCKEY LEAGUE

WEDNESDAYS

3:15 - 5:00 PM

@ THE REC CENTRE

SIGN UP &
COMMITMENT
REQUIRED



ROOKIE LEAGUE

Tuesdays

3:15 - 5:00 pm

@ the Rec Centre

will move to diamond when weather is good

The Teslin Jayces are back and will begin practices inside in preparation for the Whitehorse Tournment



TESLIN REC

BIKE CLUB

FRIDAYS 3:15-5PM

@ the Rec Centre

- SKILL DEVELOPMENT, PUMP TRACK, MINI RIDES

Meet at
the Rec Plex

Teslin Recreation

YOUNG EXPLORERS CLUB

Monday
3:15-5 pm

Outdoor adventures
Learning about nature
Scavenger Hunts
Experiments
Garden basics
and more!



PICKLEBALL

WEDNESDAYS

AT THE REC CENTRE

6 - 7 PM



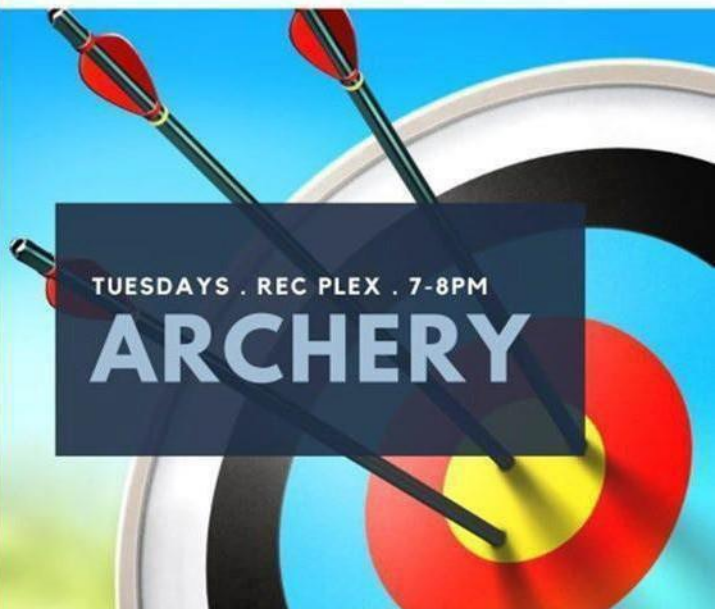
EXERCISE AND HAVE FUN

ADULT FITNESS

NEW DATES

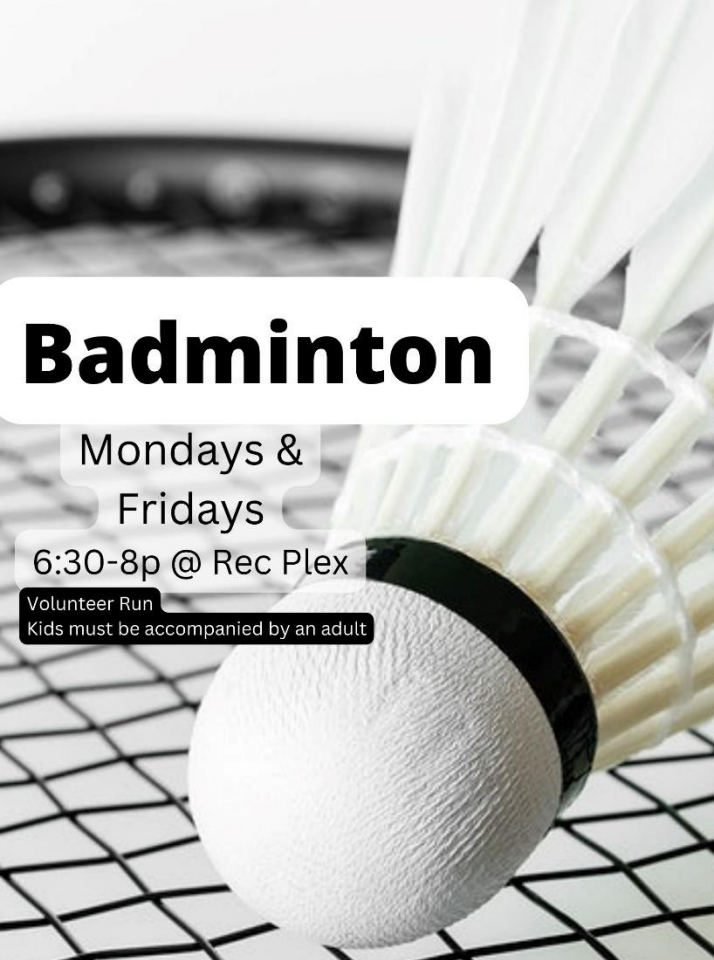
TUESDAYS & THURSDAYS 5:30PM
REC PLEX/MEZZANINE

CONTACT LINDSAY AT 390-2530 FOR MORE INFO



TUESDAYS . REC PLEX . 7-8PM

ARCHERY

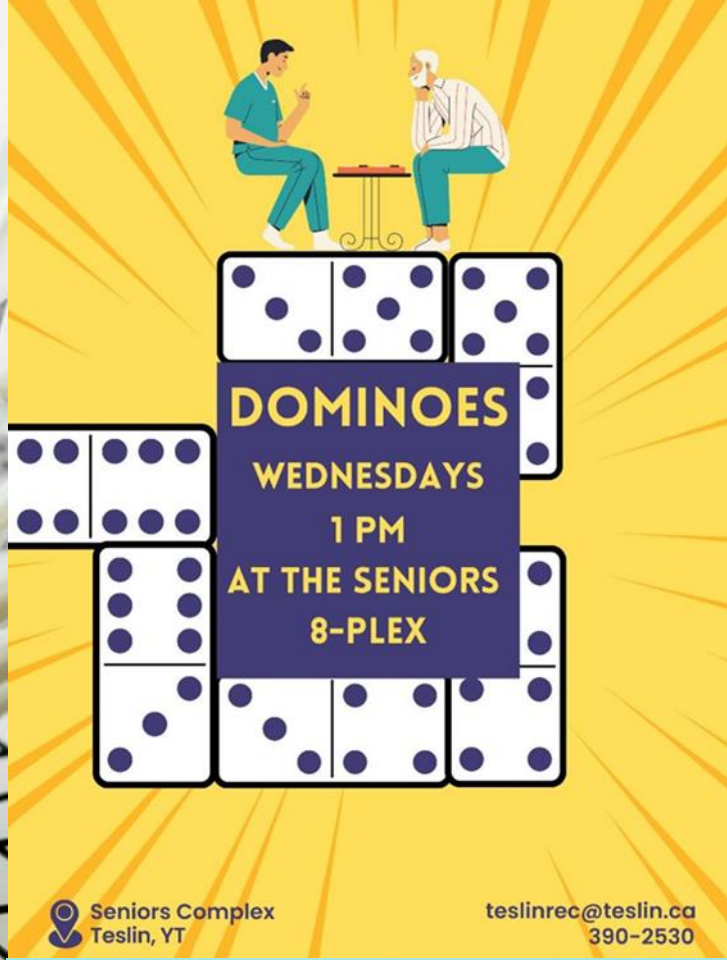


Badminton

Mondays &
Fridays

6:30-8p @ Rec Plex

Volunteer Run
Kids must be accompanied by an adult



DOMINOES

WEDNESDAYS

1 PM

AT THE SENIORS

8-PLEX

Seniors Complex
Teslin, YT

teslinrec@teslin.ca
390-2530



FRIDAYS 7PM

DROP IN BASKETBALL

SCHOOL GYM

VOLUNTEER RUN. NO DROP OFFS PLEASE

PARENT & TOT PLAY

COME AND PLAY!!!
SATURDAYS @ NOON
IN THE MEZZANINE



Thank you to RPAY for funding a portion of the Parent & Tot activity which will allow for sessions focused on nutrition and healthy living.



WOMENS SELF DEFENSE



YOUTH BOXING 10+



**APRIL
13, 2023
5:15 PM
@
Rec Hall**



MORE INFO

+867-390-2530
teslinrec@teslin.ca

**APRIL 13, 2023,
4:00 - 4:45 PM
@ THE REC CENTRE**

MORE INFO

+867-390-2530
teslinrec@teslin.ca

★ ★ ★ ★ ★ **TESLIN RECREATION** ★ ★ ★ ★ ★
WITH THE SUPPORT OF CPRA AND THE GOVT OF CANADA
PRESENT

MULTI SPORT Youth Camp



**LACROSSE
SOCCER
FLAG FOOTBALL**

★ **YOUTH AGE 9-18** ★

SAVE THE DATE : AUGUST 4-13, 2023 : TESLIN, YT

Join professional coaches in the sports of flag football, lacrosse and soccer in Teslin this summer. Each sport will run for 3 days along with evening activities, nutrition talks and healthy meals, to make for a fun and all-inclusive 9 day sport camp.
Priority will be given to rural Yukoners. GIRLS DON'T BE SHY

CONTACT TESLIN REC FOR INFO : TESLINREC@TESLIN.CA / 867-390-2530



COMMUNITY ART NIGHT

Wednesday,
April 12
6:30pm

with guest facilitator
Ayla Dunn

SIGN UP REQUIRED
CALL 390-2530

TESLIN COMMUNITY LIBRARY

Books – Fiction (Adult/Junior/Young Adult/Easy Reading)
Northern Collection – Adult and Junior
Paperbacks - Mystery, General, Western, Romance
Magazines, DVDs, Audio Books, Graphic Novels
Public Computers
New Book Arrivals
On-line Resources
Intra-Yukon Library Loans
Free Book shelf.



*Open Monday to Thursday
11:00 a.m. to 4:30 p.m.
390-2802 8 McLeary Street*



Teslin Health Centre News April 2023

APRIL IS CANCER AWARENESS MONTH

Cancer causes our otherwise normal cells to get mixed up and produce lumps or tumors. Cancer can also spread through the blood stream to other parts of the body. Most cancers are a result of various risk factors that can be hereditary, lifestyle choices or exposure to cancer-causing substances.

The earlier cancer is found, the easier it is to treat. Get to know your own body and what is normal for you. If you have any concerns, talk to your local doctor or nurse. There is also screening tests that can detect cancer, even if you do not have symptoms.

Breast Cancer: Mammography (a low-dose x-ray) can help find lumps or abnormalities in the breast that you may not be able to feel. If you are 40 or older or have any symptoms, speak with your health care provider about whether breast cancer screening is for you.

Cervical Cancer: A pap test is a test of cells from the cervix, the opening between the vagina and the uterus. The test looks for cells that are not normal and can cause cervical cancer. Most women between the ages 25-69 need regular pap tests. If you are between the ages 9 and 45 years old, you can get the HPV vaccine, which can reduce the risk of cervical cancer. Speak with your health care provider.

Colon Cancer: In the Yukon, colon cancer is the second leading cause of cancer deaths after lung cancer. A FIT test is a simple cancer screening test that detects blood in a stool sample, which can be a sign of pre-cancer. If you are between the ages of 50-74, or have symptoms, speak with your health care provider.

If you or someone you know has cancer, it is okay to feel uneasy. A range of emotions may be experienced. Please, reach out to your health care provider, family, friends or counsellor to talk about your feelings and to feel supported.

HOURS OF OPERATION

Monday to Friday: 8:00 am - 4:30 pm
Health Centre will be closed on
Good Friday April 7 and
Easter Monday April 10
For **EMERGENCIES** after hours
PLEASE CALL 390-4444 OR 911

APPOINTMENTS

Appointments are available daily
Please call 390-4444

WALK-IN CLINICS

Monday – Friday 8:30am – 4:00pm

*Walk-in visits will be assessed and seen in order of urgency. This may result in longer wait times. **We will stop taking patients ½ hour before lunch and ½ hour before the end of the day.**

LAB HOURS

Tuesday: 3:00 – 4:00 pm
Wednesday: 8:00– 10:30 am
*Open for emergencies 24/7

ADMINISTRATION TIME

Thursday: 1 – 3 pm
*Open for emergencies 24/7

DOCTOR SERVICES

Dr. Alton: April 5 and April 19
Dr. Barnes: April 11 and April 25
Pediatric Doctor: Date to be announced.
Remember to book ahead!



FILIPINO PALITAW RECIPE



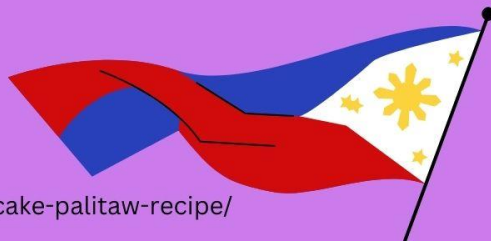
Ingredients

- 2 cups glutinous rice flour
- ½ cup granulated sugar
- 1 cup water
- ½ cup sesame seeds roasted
- 1 cup grated coconut



Instructions

1. Combine glutinous rice flour with water and mix until a dough is formed.
2. Scoop 2 tbsp of dough and mold it into a ball
3. Flatten the ball-shaped dough using the palm of your hands.
4. Boil water in a cooking pot then put in the flattened dough.
5. When the flattened dough starts to float, remove them from the pot and set it aside allowing water to drip.
6. Combine sugar and roasted sesame seeds then mix well.
7. Roll the rice cake in grated coconut and the sugar-sesame seed mixture.
8. Arrange in a serving plate then serve. Share and enjoy!



BRAZILIAN FAROFA RECIPE



Ingredients

- 3 strips smoked bacon, diced
- 1 medium white onion, chopped
- 2 cloves of garlic, minced
- 5 tablespoons butter or vegetable oil
- 2 cups (250 grams) cassava flour
- 1/4 cup parsley, finely chopped
- 1/4 cup chives, finely chopped
- Salt and pepper to taste

Instructions

1. In a cold skillet, cook the bacon over medium heat until golden brown.
2. Once the fat is rendered, add the butter and cook the bacon until golden brown.
3. Add the finely chopped onions and sauté them until transparent.
4. Add the garlic and sauté it for a minute.
5. Add the cassava flour and stir continuously
6. Add salt and pepper to taste, and once the farofa is nicely and evenly toasted, remove it from the heat (around 7 minutes)
7. Now, add the parsley and chives and mix well the ingredients.
8. Transfer your farofa to a serving plate and serve it at room temperature.



  Follow us on
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Teslin Recreation

472 likes • 571 followers

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Intro



 Page · Recreation Center



 Box 130, Whitehorse, YT, Canada, Yukon

 (867) 390-2530

 Teslinrec@teslin.ca

 Open now ▾

 Not yet rated (1 Review) 

 Teslin Recreation
23h · 

We are still looking for our 2 kicksleds (small pink and large??) that we're loaned out at the end of last year. PLEASE return them. They are a big part of our upcoming programming. Thank you!!

Teslin Recreation continues to provide the community with many activities. The Teslin Recreation Facebook page will be a primary source of communication about what we have on the go.

<https://www.facebook.com/people/Teslin-Recreation>



In case of an Emergency the following places in Teslin has Naloxone Kits

- Teslin Rec Department 390-2530/332-2050
- Village of Teslin Office 390-2530/332-2050
- Teslin Fire Department 332-2050
- Yukon College 390-8800
- Yukon Motel 390-2575
- Teslin Health Center 390-4444
- Teslin Health and Social 390-2532 ext. 358/383
- Teslin Tlingit Council Finance 390-2532 ext. 343/348
- Teslin Tlingit Council Admin Building
- Teslin Tlingit Council Workforce Development 390-2532 ext. 316
- Teslin Tlingit Council Capital 390-2532 ext. 391
- Teslin Tlingit Council Justice Admin 390-2532 ext. 401
- Teslin Community Safety Officers 384-1212
- Teslin RCMP 390-5555



Teslin EMS



WE NEED YOU

Are you interested in giving back to your community?

Teslin EMS is looking for volunteers that are interested in having a big impact on the Community of Teslin and surrounding area.

We provide all Uniform & Safety items

Training is provide and paid for.

You would have the opportunity to work with a great group of people.

Right now our crew is very small and we cannot met the community needs, we have many days each month that we have NO coverage in Teslin

Don't wait until it is your family member that needs our service and has to wait a minimum of 2.5 hours for an ambulance to come out from Whitehorse.

GET INVOLVED NOW

If you are interested or have questions give me a call

Patty 334-3047 or 390-2101

There's A Job For Everyone



Teslin Volunteer Fire Department
is looking for
Volunteers

- ✓ Fire Fighters
- ✓ Drivers
- ✓ Pump Control Operators

All training
is provided,
no prior
experience
is required!

As a Teslin volunteer
Fire Fighter, you will earn:

- A variety of widely recognized training and certifications
- Honoraria for meetings and call outs
- Fire department SWAG as you complete training.

For more information, please contact

James Smarch at 334-1243 or

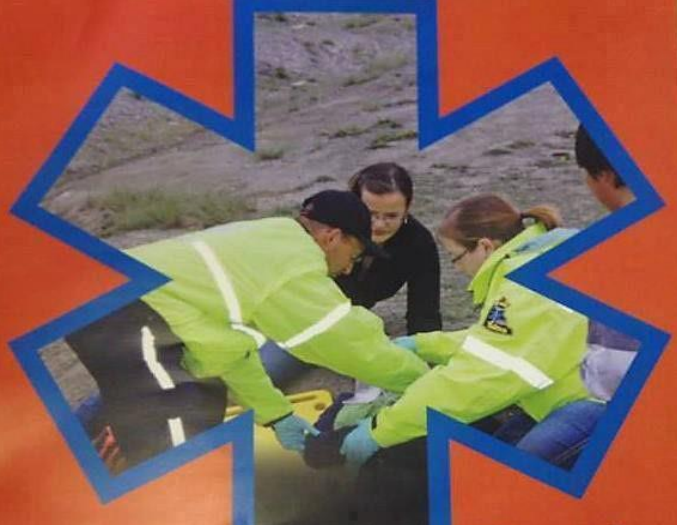
Gillian Rourke at 334 -3380



Visit us on
Facebook

"Teslin Volunteer Fire Department"

Make a difference



Join us - Volunteer!
Your EMS team needs your help



With Yukon EMS you will

- Challenge yourself
- Meet new people
- Serve your community; be a leader
- Learn valuable skills (like lifesaving first aid)
- Earn some money (when on active duty and on call)
- Most of all, you will make a real difference helping sick and injured patients

DO MORE THAN YOU
IMAGINED POSSIBLE!

www.community.gov.yk.ca

Contact your local EMS supervisor:

Patty Wiseman

390-2101 or 334-3047



**Teslin Volunteer Fire
Department Regular Meeting is
scheduled every 2nd & 4th
Wednesday of the month at the
new Fire Hall.**

**Teslin EMS Meeting & Training is
scheduled every 1st & 3rd Tuesday
of the month at the new Fire Hall**

EMERGENCY PHONE NUMBERS



Call 9-1-1 in an emergency

If you or someone else is hurt or in danger, phone 9-1-1 to get help from RCMP, the fire department or emergency medical services (EMS).

Call 9-1-1 when there is:

- a life-threatening emergency or medical situation
- a crime in progress
- a fire
- a serious accident
- an exposure to, inhalation or swallowing of a poisonous substance

Do not call to test 911. It is working!



FIRE

(Teslin Volunteer Fire Department)

390 - 2222



AMBULANCE

(Teslin Health Center)

390 - 4444



POLICE

(RCMP Teslin Detachment)

390 - 5555

Northwestel

1-888-423-2333

ATCO Yukon Electric
Report fallen tree on wire

1-867-633-7000
1-867-633-7039

Report wildfires

1-888-798-FIRE
(3473)

EMO facts : TTC and VOT have a joint emergency plan.

Emergency plan working group is a group of Individuals from different agencies in Teslin working together to keep our community prepared in case of an emergency.

WE WANT TO HEAR FROM YOU!



Thank you very much to all those who contributed to this month's issue, and special thanks to all those who shared their awesome photos.

To receive an electronic copy of the *TeslinPost* and/or if you would like to have something posted in the monthly issue, please email: teslinrec@teslin.ca or admin.teslin@teslin.ca

Any comments, suggestions, ideas, and photos are always welcome.



Closing Shots



Congratulations to the Teslin Roughriders!

At the Haines Junction Atom Hockey Tournament, on January 23 -24, our team captured the silver medal. Coach Rob Anderson stated, "The Teslin Atoms played their hearts out and had an excellent weekend. We should all be proud!" Believe it ... Teslin is very proud!



If anyone has throwback shots they would like added to the post, please email them to admin.teslin@teslin.ca